

Upcoming Events for Our Horticultural Society

Regular meetings of the Lennox & Addington Horticultural Society are held the third Wednesday of the month, starting at 7 pm. They are held at the Napanee District Secondary School, 245 Belleville Road, Room D17, in Napanee. All are welcome.

At future meetings, guest speakers will be on hand to discuss native plants and grasses, culinary herbs, day lilies, xeriscaping and shrubs, among other things.

Our meetings are scheduled as follows:

Date	Meeting	Snack
Dec 10	pot luck supper at Grace United Church starting at 6 pm	
Jan 21	annual general meeting	Delia
Feb 18	regular meeting	Gail
March 17	regular meeting	Iris
April 21	regular meeting	Ellena
May 19	pot luck supper at Macpherson House at 6 pm	
June 16	garden tour	
July 21	garden tour	
Aug 18	garden tour	
Sept 15	regular meeting	Harold
Oct 20	regular meeting	
Nov 17	regular meeting	
Dec 8	pot luck supper	

Mark your calendar and plan to attend the next annual general meeting of the OHA District 3. This year's meeting will be in Portland at the Portland United Church on April 24, 2004. The theme is 'Celebrating our Roots.' More details are to follow.

Our Visit to Tweed

SUBMITTED BY SUSAN WITHERS

Five Society members drove to Tweed on October 17th to hear David Tomlinson's presentation and slide show of his English garden, Merlin's Hollow, in Aurora. David is a master gardener who graduated from the Royal Botanical Gardens, Kew in England. It was an absolute delight to meet and hear him.

His ¾ acre garden is divided in four. It includes woodland beds, fern walks, alpine and scree, bog beds, scented gardens, pond, herbs, roses and a thyme lawn! He also has a winter garden and a knot garden.

The slides were so lovely and his commentary was just hilarious. He offers garden courses and seminars as well as an open garden for tours. Tour dates are: May 8, June 12, July 3 and July 4.

David's garden is located at Merlin's Hollow, 181 Centre Cresc, Aurora, (905)727-8979.

Lennox & Addington Horticultural Society Executive –

President: *Harold Bentley*
 Past President: *Andy Logan*
 Treasurer: *Carolyn Reynolds*
 Secretary: *Gail Knowles*
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Member of



Bittersweet Muse

Lennox & Addington Horticultural Society Newsletter



Winter 2004

Recipes from our Pot Luck Suppers

Delia Lefebvre kindly submitted this recipe for our newsletter. She received this recipe from her sister who bakes for a family member with diabetes. She uses diabetic 'sugar' in this recipe that she buys either from the regular grocery store or from a bulk food outlet. Try to avoid Sugar Twin as a substitute.

Applesauce Spice Cake

In a large mixing bowl, combine

2 cups flour	1 tsp cinnamon
⅓ cup white sugar	½ tsp nutmeg
¾ cup brown sugar	¼ tsp cloves

In the microwave or on the stovetop, warm ⅓ cup oil (suggest vegetable or canola) 1½ cups applesauce

To the warm oil and applesauce mixture, add 2 tsp baking soda
1 cup raisins

Add the liquid mixture to the flour in the mixing bowl and combine well.

Pour into a greased 9"x13" pan and bake at 375° for 25-30 minutes.

A little fragrance always clings to the hand that gives you a rose.

Ancient Chinese proverb



Hot off the Flower Press ...

Susan Withers suggests "The Joy of Planting 2" Growing from Scratch, by Arlette Laird. *I bought this book at the Tweed meeting we attended in October. It is a simplified book of 'everything you need to know to start your own annuals'. A real no-brainer with easy step-by-step instructions for people like me! I hate pouring through pages of detail.*

Gail Knowles recommends "Dry-Land Gardening, A Xeriscaping Guide for Dry-Summer, Cold-Winter Climates" by Jennifer Bennett. *The title describes my garden to a 'T'. I was pleasantly surprised to find there are so many different varieties that do well in dry conditions. Jennifer offers many useful suggestions on where these plants grow best and of how to care for them.*

Verna Sanderson very much enjoyed the Rhodale book on perennials. *I found the information to be very well presented and there were many pointers that I'll be able to use in my own garden.*

Do you have a favourite source of information you always turn to or something you enjoy thumbing through? If you do, jot a line or

two for Gail to include in the next edition of the *Bittersweet Muse*.



Fall Care of Evergreen Trees

SUBMITTED BY HAROLD BENTLEY

Mid August to the end of September is the best time to plant evergreen trees. Trees planted at this time have a chance to get some new root growth started before the ground freezes and usually the fall rains have come so the ground has plenty of moisture available. This fall has produced lots of rain so newly planted trees will have plenty of moisture going into freeze up.

Unlike deciduous trees that drop their leaves for the winter, evergreens remain green and transpire (give off moisture) throughout the winter. Moisture loss can be greater when the plants are subjected to periods of high winds, especially when the ground is frozen.

Since the plants are losing moisture and cannot absorb sufficient water to replenish this loss while the ground is frozen, evergreens may start to turn brown, indicating desiccation has begun.

In drier years, one of the keys to helping evergreens survive is to make sure they are well watered going into winter. This rule also applies to evergreen trees that were planted in the previous year.

Consider using a burlap wrapping on the evergreen to help prevent wind damage to the newly planted tree. I like to use 2" by 2" stakes, 4' long, pounded in the ground around the tree rather than wrapping the tree. This



method allows for a micro environment around the tree. I staple the burlap onto the stakes.

Actually, last year I used a new plant cover product that is stronger than burlap and cuts down more wind. It is also supposed to give a more consistent micro climate around the tree. It is a little more expensive than burlap but I'll probably get 4-5 years' use out of this product.

One other thing I do is mulch all these trees, and the ones planted the previous year, to hold moisture before freeze up. Mulch keeps the trees frozen during any mild spells in January or February which might induce the tree to starting moving moisture up the plant.

Any moisture movement at this time could result in severe damage to the tree if the temperature suddenly drops to freezing. The mulch will also keep a consistent temperature

around the root ball and will help slow the process of freezing and thawing that may heave the tree out of the ground. Larger trees should be staked to hold them in place so the wind cannot blow them over.

All evergreen trees, especially new ones that are planted around the house, should have protection from snow and ice that may come off the roof of the house. The trees and shrubs can be protected by a sandwich board placed over top. This will obviously only work for smaller trees.

Larger evergreen trees can be tied with twine to keep snow and ice from falling in the tree and damaging it. Wrapping garden twine in ascending circular motion around the tree to the top and then reversing this process, will solidly hold the branches together to prevent damage. The twine can also be used to hang the Christmas lights.

The Lennox & Addington Horticultural Society in action

On a wet cold day in early May, Ellena, Susan and Gail helped Iris divide perennials at the Macpherson House garden. They were helping to get plants ready for the annual plant sale at the House.

